

Health Packages Available

Back Pain Remedy Package

- *Consultation and Assessment*
- *Deep Soft Tissue Treatment (45 min)*
- *Chiropractic assessment and alignment*
- *Home Exercise Program*

Package €120

Back Health Program One Month Package

- *Consultation, postural aches and pain assessment*
- *Chiropractic assessment and alignment*
- *One month Core Strengthening Program*
- *Hydrotherapy dry massages x 2*

Package €245

Hydro Massage Therapy

Enjoy a relaxation or invigorating 30min massage while you remain fully clothed

€60 for six sessions or €15 per single session

Relaxation Pamper Massage

Completely Relaxing Massage using aromatherapy oils

60 mins €55 or 75mins €65 (Purchase two treatments and save €20)

Brooklands Integrated Healthcare Centre

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